|  |  |
| --- | --- |
| C:\Users\trdi_7\Downloads\IMG_8899.JPG | Amalia Tsagari, Greece  Why elderly care is so important for me: Nutrition is embedded in the management of chronic diseases, malnutrition and functional abilities of older adults. I am passionate about placing dietitians as key professionals in the prevention and treatment of malnutrition, especially amongst hospital patients, as malnutrition is one of the greatest risk factors for mortality in older adults. |
| * Clinical dietitian, KAT University Hospital, PhD | |
| Specialisations or expertise: My research area is in the area of screening and management of sarcopenia in older adults, screening and management of malnutrition in older, hospitalized patients. I specialize in nutritional support as a member of nutritional support teams of a number of units e.g.ICU, burn unit. | |
| * *Publications* *https://pubmed.ncbi.nlm.nih.gov/?term=Tsagari+Amalia&sort=date* * *https://pubmed.ncbi.nlm.nih.gov/33521573/*   + see below for a few selected elderly care related papers   * Global Leadership Initiative on Malnutrition (GLIM) for the diagnosis of malnutrition - a framework for consistent dietetic practice.   [Elisabet Rothenberg](https://pubmed.ncbi.nlm.nih.gov/?term=Rothenberg+E&cauthor_id=38479920), [Amalia Tsagari](https://pubmed.ncbi.nlm.nih.gov/?term=Tsagari+A&cauthor_id=38479920), [Nicole Erickson](https://pubmed.ncbi.nlm.nih.gov/?term=Erickson+N&cauthor_id=38479920), [Christina N Katsagoni](https://pubmed.ncbi.nlm.nih.gov/?term=Katsagoni+CN&cauthor_id=38479920), [Ainsley Malone](https://pubmed.ncbi.nlm.nih.gov/?term=Malone+A&cauthor_id=38479920), [Marian de van der Schueren](https://pubmed.ncbi.nlm.nih.gov/?term=de+van+der+Schueren+M&cauthor_id=38479920), [Clare Shaw](https://pubmed.ncbi.nlm.nih.gov/?term=Shaw+C&cauthor_id=38479920), [Alison Steiber](https://pubmed.ncbi.nlm.nih.gov/?term=Steiber+A&cauthor_id=38479920), [Darija Vranesic Bender](https://pubmed.ncbi.nlm.nih.gov/?term=Vranesic+Bender+D&cauthor_id=38479920), [Harriët Jager-Wittenaar](https://pubmed.ncbi.nlm.nih.gov/?term=Jager-Wittenaar+H&cauthor_id=38479920)Clin Nutr ESPEN. 2024;60:261-265. doi:10.1016/j.clnesp.2024.02.009   * Nutritional management of individuals with SARS-CoV-2 infection during rehabilitation.   Tsagari A, Risvas G, Papathanasiou JV, Dionyssiotis Y. J Frailty Sarcopenia Falls. 2022;7(2):88-94. Published 2022 Jun 1. doi:10.22540/JFSF-07-088   * Nutritional interventions in older people with COVID-19: an overview of the evidence.   Jones S, Archer E, Ongan D, Morais C, Speer R, Tsagari A, Jager-Wittenaar H, Ruperto M. Nurs Older People. 2021 Dec 8. doi: 10.7748/nop.2021.e1368. Epub ahead of print. PMID: 34877834.   * [The Relevance of Diet, Physical Activity, Exercise, and Persuasive Technology in the Prevention and Treatment of Sarcopenic Obesity in Older Adults.](https://pubmed.ncbi.nlm.nih.gov/34109204/)   Schoufour JD, Tieland M, Barazzoni R, Ben Allouch S, van der Bie J, Boirie Y, Cruz-Jentoft AJ, Eglseer D, Topinková E, Visser B, Voortman T, Tsagari A, Weijs PJM. Front Nutr. 2021;8:661449. Published 2021 May 24. doi:10.3389/fnut.2021.661449   * [Dietary protein intake and bone health.](https://pubmed.ncbi.nlm.nih.gov/32300728/)   Tsagari A.J Frailty Sarcopenia Falls. 2020 Mar 1;5(1):1-5. doi: 10.22540/JFSF-05-001. eCollection 2020 Mar.PMID: 32300728 Free PMC article. Review.   * [Osteosarcopenic obesity, the coexistence of osteoporosis, sarcopenia and obesity and consequences in the quality of life in older adults ≥65 years-old in Greece.](https://pubmed.ncbi.nlm.nih.gov/32300723/)   Keramidaki K, Tsagari A, Hiona M, Risvas G.J Frailty Sarcopenia Falls. 2019 Dec 1;4(4):91-101. doi: 10.22540/JFSF-04-091. eCollection 2019 Dec.PMID: 32300723 Free PMC article.   * [Evaluation of commonly used nutritional assessment methods in hip fracture patients.](https://pubmed.ncbi.nlm.nih.gov/32313849/)   Tsagari A, Papakitsou E, Dionyssiotis Y, Rizou S, Galanos A, Lyritis GP.J Frailty Sarcopenia Falls. 2017 Sep 1;2(3):39-44. eCollection 2017 Sep.PMID: 32313849 Free PMC article. | |